GUJARAT UNIVERSITY  
DEPARTMENT OF PSYCHOLOGY  
S Y B.A. PSYCHOLOGY  
Semester – III  
Core 201 & Elective – 20  
CHILD DEVELOPMENT-I  

Total Marks: 100  
Marks:  
Semester End Examination: 70  
Continues Internal Evaluation: 30  

Objective:  
(1) To acquaint Students with the basic concepts of CHILD DEVELOPMENT (Child psychology)  
(2) To Provide Students a Perspective of Child Development (Child psychology)  

<table>
<thead>
<tr>
<th>UNIT</th>
<th>DETAILED SYLLABUS</th>
</tr>
</thead>
</table>
| UNIT - I | Child Psychology an Introduction:  
- Definition  
- Nature  
- Scope  
- Significance |
| UNIT - II | Major Theories In Child Development:  
- The Psychoanalytic perspective  
  - Freud’s Theory  
  - Erikson’s Theory  
- Behaviorism & Social Learning Theory  
  - Traditional Behaviorism  
  - Social Learning Theory  
  - Contribution & Limitations of Behaviorism & Social Learning Theory  
- Piaget’s Cognitive & Developmental Theory. |
| UNIT - III | Physical Development & Motor Development:  
- Weight & Height.  
- Bones.  
- Teeth.  
- Body Proportions.  
- Muscles & Fat.  
- Development of Internal Parts.  
- Factors Infecting Physical Development.  
- Gross - Motor & Fine Development in first two years.  
- Gross - Motor & Fine Development in Early & Middle Childhood. |
UNIT - IV

<table>
<thead>
<tr>
<th>Emotional Development:</th>
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<tbody>
<tr>
<td>✓ Definition.</td>
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<tr>
<td>✓ Emotional Development.</td>
</tr>
<tr>
<td>✓ Development of Emotional Expressions.</td>
</tr>
<tr>
<td>- Happiness.</td>
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<tr>
<td>- Anger &amp; Sadness.</td>
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<tr>
<td>- Fear.</td>
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<tr>
<td>- Self Conscious Emotions.</td>
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<tr>
<td>✓ Episodes in strange situations.</td>
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<tr>
<td>✓ Overcoming Children’s Fears.</td>
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</tbody>
</table>

Break up of continuous internal evaluation:

1. Present 05 marks
2. Assignment 05 marks
3. Seminar / Field Visit 05 marks
4. Test 15 marks
Total 30 marks

Basic Text Books:

GUJARAT UNIVERSITY  
DEPARTMENT OF PSYCHOLOGY  
S.Y.B.A. PSYCHOLOGY  
Semester – III  
Core 202 & Elective – 20  
Psychopathology - I  

Total Marks: 100  
Marks:  
Semester End Examination: 70  
Continues Internal Evaluation: 30  

Objective: (1) To acquaint Students with the basic concepts of Psychopathology (abnormal psychology)  
(2) To Provide Students a Perspective Psychopathology (abnormal psychology)  

<table>
<thead>
<tr>
<th>UNIT</th>
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</table>
| UNIT - I | Introduction to Abnormal Psychology  
I. Introduction  
II. Definition of Abnormal Psychology  
III. What do we mean by abnormal behaviour  
1. What is abnormal behaviour?  
2. Characteristics of abnormal behaviour  
2.1 Antisocial Behaviour  
2.2 Mental Imbalance  
2.3 Poor Adjustment  
2.4 Lack of Insightful Behaviour  
2.5 Disorganized Personality  
2.6 Feeling of Insecurity  
2.7 Emotional Immaturity  
2.8 Tension and Hypersensitivity  
2.9 No Feeling of Remorse  
2.10 Lack of Social- Esteem and Self-knowledge  
2.11 Lack of Social Adaptability  
2.12 Improper Evaluation of Self  
IV. Approaches (Viewpoint) and Norms of Abnormal Behaviour  
IV. Personnel in mental health  
1. Professional Experts  
1.1 Clinical Psychologist  
1.2 Counselling Psychologist  
1.3 School Psychologist  
1.4 Psychiatrist  
1.5 Psychoanalyst  
1.6 Psychiatric Social Worker  
1.7 Psychiatric Nurse  
1.8 Occupational Therapist |
UNIT - II

Defense Mechanisms
I. Introduction
II. Meaning Of Defense Mechanisms
III. Types of Defense Mechanisms
   1. Attack Mechanisms
      1.1 Increased effort
      1.2 Fight into activity
      1.3 Compensation
      1.4 Reinterpretation
      1.5 Compromise
   2. Blame-Assigning or Attention Diverting Mechanism
      2.1 Rationalization
      2.2 Attention-getting behaviour
      2.3 Identification
      2.4 Projection
   3. Flight Mechanism
      3.1 Fantasy and Day-dreaming
      3.2 Withdrawal
      3.3 Repression
      3.4 Regression
IV. Utility of Defense Mechanisms in view point of Adjustment

Overview of Anxiety Disorders
I. Introduction
II. Phobic disorders
III. Specific Phobia
   1. Causes of Specific Phobia
      1.1 Age and Sex Difference in Specific Phobia
      1.2 Psycho-social Factors
      1.3 Psychodynamic Viewpoint
      1.4 Phobia and Learned Behaviour
IV. Social Phobia
   1. Definition
   2. A Case Study of Pole
   3. Causes of Social Phobia
      3.1 Psycho-social and Biological Causes of Social Phobia
      3.2 Evolitional Reference of Social Phobia and Phobic disorders
      3.3 Mental Set and Social Phobia
      3.4 Hereditary and Nature
      3.5 Perception of Uncontrol
      3.6 Cognitive Factors
IV. Treatment of Social Phobia
### UNIT - III

4.1 A Case Study of Treatment of Pol

V. Panic disorders with and without Agoraphobia
   1. Agoraphobia without Panic

VI. Generalized Anxiety Disorder
   1. Definition
   2. Common Characteristics of Generalized Anxiety Disorder
   3. Beginning and Prevalence of Generalized Anxiety Disorder
   4. Similarity with Other Disorders
   5. Psycho-social Causes of Generalized Anxiety Disorder
      5.1 Psychoanalytical View point
      5.2 Classical Conditioning to many
      5.3 The Role of Unpredictable and Uncontrollable
      5.4 A Sense of Mastery: Immunizing Against Anxiety
      5.5 The Content of Anxious
      5.6 The Nature and Function of Worry
      5.7 Cognitive Biases for Threatening Information

VII. Obsessive Compulsive Disorder
   1. Definition
   2. A Case Study of Mark
   3. Prevalence and Age of Onset
   4. Characteristics of OCD
   5. Types of Obsessive Thoughts
   6. Types of Compulsions
   7. Consistent Themes

### SUICIDE

I. Introduction

II. Meaning of Suicide

III. Factors Related to Suicide
   1. Sex Differences
   2. Age
   3. Race
   4. Religion
   5. Marital Status
   6. Occupation
   7. Climate
   8. Physical Health
   9. Mental Health
   10. Psychiatric Patients
   11. Previous Suicidal behaviour

IV. General Symptoms
   1. Hopelessness
   2. Inner Conflict
   3. Interpersonal Crises
   4. self-devaluation
   5. Depression

### UNIT - IV
6. Maladaptive and frustration
7. Sleep Disturbance
8. Stress
9. Communication
10. Emotionality
11. Other Symptoms

V. Etiology
1. Socio-Cultural Factors
2. Psychological Factors
   2.1 Freud’s Theory
   2.2 Menniger’s Theory
   2.3 Recent Theory
3. Physiological Factors
   3.1 Genetics
   3.2 Neurotransmitter

VI. Prevention of Suicide

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Break up of continuous internal evaluation:
1. Present 05 marks
2. Assignment 05 marks
3. Seminar / Field Visit 05 marks
4. Test 15 marks
   Total 30 marks

Basic Text Books:
2. *Abnormal Psychology and Modern Life* -- James C. Coleman Published by Taraporewala & Co. Pvt Ltd.
3. *Aadhunik Asamanya Manovigyan* (Arunkumar Singh) Published by Motilal Banarsidas
5. Psychopathology (Vinati Aanand) Published by Motilal Banarsidas
GUJARAT UNIVERSITY
DEPARTMENT OF PSYCHOLOGY
S Y B.A. PSYCHOLOGY
Semester – III
Core 203
Basic Physiological Psychology- 1:

Total Marks: 100
Marks: Semester End Examination: 70
Continues Internal Evaluation: 30

Objective:
(1) Teaching a Student the basics of biological bases of behavior including Psychophysiology and behavior genetics
(2) Teaching a student the Historical background of behavioral biology

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<th>UNIT</th>
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| **Unit – I** | **Introduction of Physiological Psychology:**
| | 1. Definition of Physiological Psychology
| | 2. Nature of Physiological Psychology
| | 3. Scope of Physiological Psychology
| | 4. Approaches to Physiological Psychology
| | 4.1 Philosophical approach
| | 4.2 Clinical approach
| | 4.3 Scientific approach.
| **Unit – II** | **Methods of Study**
| | 1. Neuroanatomical methods
| | 1.1 Method of Staining
| | 1.2 Method of Degeneration
| | 1.3 Method of Extirpation
| | 1.4 Electrolytic Lesion Method
| | 2. Electrical recording methods
| | 2.1 Electroencephalogram
| | 2.2 Method of Evoked Potentials
| | 2.3 Method of micro-electrode
| | 3. Stimulation methods
| **Internal Environment:**
| 1. Definition of Internal Environment
| 2. Metabolism |
### Unit – III

2.1. Meaning of Metabolism  
2.2. Proses of Metabolism  
2.3. Behaviour effects of Metabolism  

3. Enzymes  
3.1. Meaning of Enzymes  
3.2. Characteristics of Enzymes  
3.3. Functions of Enzymes  
3.4. Behaviour effects of Enzymes  

4. Hormones (indocrine glands)  
4.1 Pituitary gland  
4.2 Thyroid gland  
4.3 Pancreatic gland  
4.4 Adrenal gland  
4.5 Gonad gland  

5. Vitamins  
5.1. Meaning of Vitamins  
5.2. Nature of Vitamins  
5.3. Function of Vitamins  
5.4. Behaviour effects of Vitamins.

### Unit – IV

**Neuron and Nervous System**  
1. Structure and Functions of Neuron  
2. Nerve impulses  
   * The All or None Principal  
3. Part of the nervous System  
   3.1 Spinal cord  
   3.2 Brain  
      3.2.1 Hind brain  
      3.2.2 Mid Brain  
      3.2.3 Fore Brain and Cerebral Cortex

### Break up of continuous internal evaluation:

1. Present  
   05 marks  
2. Assignment  
   05 marks  
3. Seminar / Field Visit  
   05 marks  
4. Test  
   15 marks  

Total  
30 marks

### Basic Books:


### Reference Books: